Map & Directions to:
Image Awareness Wellness Institute

Either side of the building leads to the building's parking lot.

From Sacramento

1. Take Interstate 80 (I-80) toward Reno.
2. Take Auburn Maple Street (Old Town Auburn/ Fairgrounds Exit) off of I-80.
3. Continue straight on Maple Street which turns into Auburn-Folsom.
4. The second stoplight is High Street (big sign says Sacramento Street). Turn left onto High Street.
5. Proceed up High Street about 1/2 block.
6. We are on the right-hand side. We are to the left of the "Gold Country Fair" (Auburn fairgrounds) entrance.End at 1271 High Street, Auburn.

From Reno

1. Take interstate 80 (I-80) toward Sacramento.
2. Take Nevada Street off of I-80. Take a quick right toward the bridge, proceding across the bridge toward Auburn.
3. Turn left at stop and pass in front of the Old Auburn Courthouse onto Maple Street which turns into Auburn-Folsom.
4. The second stoplight is High Street (big sign says Sacramento Street). Turn left onto High Street.
5. Proceed up High Street about 1/2 block.
6. We are on the right-hand side. We are to the left of the "Gold Country Fair" (Auburn fairgrounds) entrance. End at 1271 High Street, Auburn.