Abstract

Image Awareness Wellness Institute Health Letter

Protein

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The word protein means "to come first." Protein is usually broken down into essential amino acids which the body cannot make and non-essential amino acids which the body can make. There is a good deal of support for the fact that non-essential amino acids can be nutritionally important for certain individuals. In other words, they can be conditionally important.

Protein deficiency is most likely when digestive failure takes place. This is common with aging. Routine use of antacids may also lead to deficiencies of amino acids. Dr. Jonathan Wright found that half of his depressed patients were suffering from deficiency of amino acids and many of them were using antacids. Consumption of large quantities of cooked foods and allergic responses to foods can also overwork the pancreas contributing to difficulty digesting protein and obtaining necessary amino acids.

GNLD protein is manufactured with a predigestion technology called the Protogard Process. This technology allows the company proteins to score 1.0 or above on the government standard for protein quality called the PDCAAS (Protein Digestibility Corrected Amino Acid Score). A perfect score is 1.0. Many GNLD protein products score 1.3-1.5 due to the predigestion technology.

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